

## The EIC gene

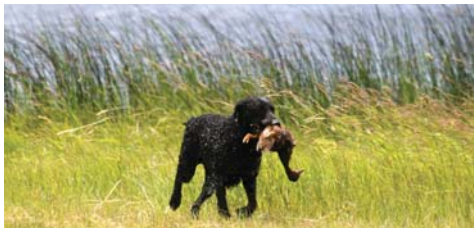
Research at the University of Minnesota identified a mutation in the DNMI gene that is very highly associated with exercise-induced collapse. The DNMI gene normally functions in maintaining nerve communication. It is very likely that this mutation causes a defect in nerve communication during intense exercise, which precipitates the EIC syndrome. Identification of the DNMI mutation allowed us to develop a specific DNA-based test for the EIC gene.

## How to have your dog tested

The Veterinary Diagnostic Laboratory can test a blood, semen, dew claw, or cheek swab sample from your dog. They will be able to provide you with a result of clear, carrier, or affected for your dog. Results can be submitted to the Orthopedic Foundation for Animals (OFA) for publication in their open database.

## For more information

For additional information, including testing instructions and FAQs, please visit our Web site at [www.vdl.umn.edu/vdl/ourservices/canineneuromuscular/](http://www.vdl.umn.edu/vdl/ourservices/canineneuromuscular/)



## Disclosure of financial interests

This test was developed through financial support from the AKC Canine Health Foundation. A portion of the proceeds from the test are returned to the AKC Canine Health Foundation to further its mission to improve the health of all dogs. Dr. Jim Mickelson, Katie Minor, RN, Dr. Ned Patterson, and Dr. Susan Taylor are the patent owners of this genetic test, and a portion of the proceeds go toward patent royalties.



## Understanding test results

### The inheritance of EIC

EIC is an autosomal recessive syndrome. To be affected, a dog must have received the mutated version of the EIC gene from both parents.

### Clear

A dog that has two copies of the normal version of the EIC gene. Clear dogs will pass on the normal version of the gene to all of their offspring.

### Carrier

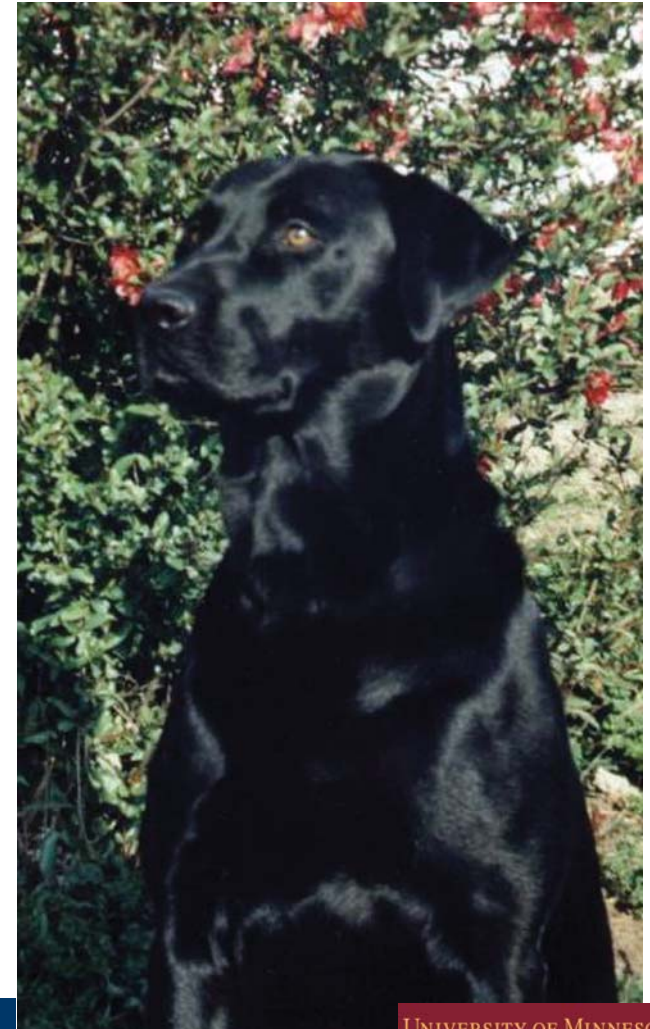
A dog that has one copy of the normal EIC gene and one copy of the mutated EIC gene. **Carrier dogs do not show signs of EIC.** On average, carrier dogs will pass on the mutated copy of the EIC gene to half of their offspring. By mating a carrier dog to a clear dog, you will, on average, produce litters that are 50 percent clear and 50 percent carriers, with **no affecteds**.

### Affected

A dog that has two copies of the mutated EIC gene. These dogs are susceptible to collapse episodes under their “trigger” conditions. An affected dog will pass on the mutated EIC gene to all of its offspring. By mating an affected dog to a clear dog, you will produce a litter that is made up of 100 percent carrier offspring — **no clears**, but also **no affecteds**.

# Genetic Test for Exercise-Induced Collapse (EIC)

Veterinary Diagnostic Laboratory



## About exercise-induced collapse (EIC)

A syndrome of exercise intolerance and exercise-induced collapse (EIC) is being observed with increasing frequency in young adult **Labrador retrievers**. It has also been observed in **Chesapeake Bay retrievers** and **curly-coated retrievers**.

Affected dogs have been found in field-trial, hunt test, conformation, pet, and service lines. Black, yellow, and chocolate Labradors of both sexes are affected, with the distribution of colors and sexes closely reflecting the typical distribution in the population.

Signs first become apparent in young dogs, usually between 5 months and 3 years of age (averaging 14 months). In dogs used for field trials, this usually coincides with the age at which they enter heavy training. Littermates and other related dogs are commonly affected, but depending on their temperament and lifestyle, they may or may not manifest signs. Affected dogs exhibiting signs of collapse are usually described as being extremely fit, muscular, prime athletic specimens of their breed with an excitable temperament and lots of drive.



## Description of exercise-induced collapse

Affected dogs can tolerate mild to moderate exercise, but 5 to 20 minutes of strenuous exercise with extreme excitement induces weakness and then collapse. Severely affected dogs may collapse whenever they are exercised to this extent; other dogs only exhibit collapse sporadically. The factors important in inducing an episode can vary among dogs.

The first thing noted is usually a rocking or forced gait. The rear limbs then become weak and unable to support weight. Many affected dogs continue to run while dragging their back legs. Some of the dogs appear to be incoordinated, especially in the rear limbs, with a wide-based, long, loose stride rather than the short, stiff strides typically associated with muscle weakness. In some dogs, the rear limb collapse progresses to forelimb weakness and occasionally to a total inability to move. Some dogs appear to have a loss of balance and may fall over, particularly as they recover from complete collapse. Most collapsed dogs are totally conscious and alert, still trying to run and retrieve, but affected dogs can appear stunned or disoriented during the episode. It is common for the signs to worsen for three to five minutes even after exercise has been terminated.

Most dogs recover quickly and are normal within 5 to 25 minutes with no residual weakness or stiffness. Dogs are not in pain during the collapse or after recovery. Affected dogs are not stiff or sore or limping upon recovery.

**Note: A few affected dogs have died during exercise or while resting immediately after an episode of EIC, so an affected dog's exercise should *always* be stopped at the first hint of incoordination or wobbliness.**

## Factors contributing to collapse in dogs with EIC

### Ambient temperature

The ambient temperature does not seem to be a critical factor contributing to collapse, but if the temperature is much warmer or the humidity is much higher than the dog is accustomed to, collapse may be more likely. Affected dogs are less likely to collapse while swimming than when being exercised on land. There are severely affected dogs, however, who have exhibited collapse while breaking ice retrieving waterfowl in frigid temperatures, and some dogs have drowned when experiencing EIC-related collapse in the water.

### Excitement

Dogs that exhibit signs of EIC are most likely to have intense, excitable personalities, and it is very apparent that their level of excitement plays a role in inducing the collapse. There are some severely affected dogs who require very little exercise to induce the collapse. Dogs with EIC are most likely to collapse when engaging in activities that they find very exciting or stressful. This can include retrieving of live birds, participation in field trials, training drills with electric collar pressure, and quartering for upland game.

### Type of exercise

Routine exercise like jogging, hiking, swimming, most waterfowl hunting, and even agility or flyball training may not induce an episode in dogs with EIC. Activities with continuous, intense exercise, particularly if accompanied by a high level of excitement or anxiety, most commonly cause collapse. Activities commonly implicated include grouse or pheasant hunting, repetitive "happy retrieves," retrieving drills or repetition of difficult marks or blinds where the dog is being repeatedly corrected or is anticipating electric collar correction, and running alongside an ATV.